



## NIRMALA COLLEGE FOR WOMEN, (AUTONOMOUS)

ACCREDITED WITH 'A++' GRADE BY NAAC IN THE 4th CYCLE WITH CGPA 3.78  
REDFIELDS, COIMBATORE



In Association with

## HOLY CROSS COLLEGE (AUTONOMOUS), TRICHY

“As a part of Academic Collaborating Activity under  
Xavier Board of Higher Education, India”

Organizes a Seminar on

### Culinary Alchemy: The Molecular Magic of Nutrient - Rich Foods for a Vibrant and Healthy Lifestyle

#### Resource Person



Dr. P. Christina Ruby Stella,  
Assistant Professor,  
PG & Research Department of Chemistry,  
Holy Cross College,  
Trichy.

**Date: 23.02.2024    Venue: Clare Hall (Hybrid Mode- Google meet )    Time: 2pm-3pm**

#### Chief Patrons

Sr.Dr.Kulandai Therese  
Secretary, Nirmala College for Women  
Dr. Sr. Anne Xavier  
Secretary, Holy Cross College

#### Patrons

Sr. Dr. Mary Fabiola  
Principal, Nirmala College for Women  
Dr.Sr. Isabella Rajakumari  
Principal, Holy Cross College

#### Organizers

Department of Chemistry  
Dr.N.Gunavathy  
Assistant Professor & Head  
&  
Faculty members, Nirmala College for Women  
Dr. A. Leema Rose  
Associate Professor & Head  
&  
Faculty members, Holy Cross College

#### Event Coordinator

Dr. K. Anbarasi  
Associate Professor of Chemistry  
Nirmala College for Women